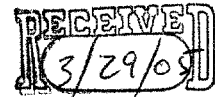


WINDOW ROCK ENTERPRISES, INC.

601 Valencia Ave, Suite 150 - Brea, CA 92823-29

March 24, 2005



Food and Drug Administration
Office of Nutritional Products, Labeling and Dietary Supplements
(HFS-810)
Center for Food Safety and Applied Nutrition
5100 Paint Branch Pkwy
College Park, MD 20740

Dear Sir/Madam:

Notice is hereby given pursuant to the requirements of Section 403(r)(6) (21 U.S.C. 343(r)(6)) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Window Rock Enterprises, Inc., 601 Valencia Avenue, Suite 150, Brea, California 92823 within the past 30 days commenced marketing a dietary supplement bearing the following statement(s) on the label and/or in the labeling:

TEXT OF CLAIMS:

- Specially formulated for that time of the month when you need it the most
- Promote water balance – control bloating
- Soften mood swings and irritability
- Ease breast pain and tenderness
- Reduce feelings of fatigue
- Support thermogenic/metabolic action
- Support healthy carbohydrate metabolism
- Helps smooth the rhythms and effects of female hormones through the menstrual cycle

NAME OF INGREDIENTS THAT IS SUBJECT OF CLAIM:

- Vitamin B6
- Iron
- Magnesium
- Chromium

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- Potassium
- Green Tea Leaf extract
- Oolong Tea Leaf extract
- L-theanine
- Parsley Leaf
- English Lavender Flower Essential Oil
- Chasteberry extract
- Magnolia Bark extract

NAME OF SUPPLEMENT (INCLUDING BRAND NAME)

- PreMS™

The undersigned certifies that the information contained in this notice is complete and accurate and that Window Rock Enterprises, Inc. has substantiation that the statements are truthful and not misleading.

Sincerely,

A handwritten signature in black ink, appearing to be 'S Cheng', written over a horizontal line.

Steven Cheng
President